

# Geometric Inequalities.

Now that we have a language to describe curves we can start to put numbers on our intuitions about curve geometry.

Proposition. [Buck-Simon]



If  $\gamma$  is a curve of length  $L$  contained in a ball of radius  $R$ , then

$$\int K(s) ds \geq \frac{L}{R} - 2.$$

Proof. Wlog, let the ball be centered at  $\vec{0}$ .

Now

$$\begin{aligned} L &= \int_0^L \langle \gamma'(s), \gamma'(s) \rangle ds \\ &= \langle \gamma'(s), \gamma(s) \rangle \Big|_{s=0}^L - \int_0^L \langle \gamma^{\#}(s), \gamma''(s) \rangle ds \end{aligned}$$

②

(from integration by parts)

Now  $|y(s)| \leq R$  and  $|y'(s)| = 1$ , so

$$|\langle y'(s), y(s) \rangle| \leq R$$

and

$$\int_0^L \langle y'(s), y(s) \rangle ds < 2R.$$

$RK(s)$ .

Further,  $|y''(s)| \leq R$ , so  $|\langle y'(s), y''(s) \rangle| \leq |y''(s)|R$

This means that

$$\begin{aligned}
 \left| \int_0^L \langle y'(s), y''(s) \rangle ds \right| &\stackrel{(x)}{\leq} \int_0^L |\langle y'(s), y''(s) \rangle| ds \\
 &\leq \int_0^L RK(s) ds = R \int_0^L K(s) ds.
 \end{aligned}$$

The middle step with the (x) is a special case of Jensen's inequality, which states

$$g\left(\int f(x) dx\right) \leq \int g(f(x)) dx$$

for any concave up function  $g$ .

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Assembling the pieces,

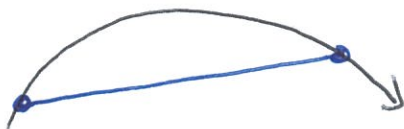
$$L \leq 2R + R \int \kappa(s) ds$$

and we need only solve for  $\int \kappa(s) ds$ .  $\square$

We note that there's a stronger result

$$\int \kappa(s) ds \geq \frac{L}{R}$$

called "Chakerian's inequality" (1962).  
(But the proof is harder.) We now consider a different intuition:



$K = \text{constant}$   
 $\gamma = 0$



$K = \text{same constant}$   
 $\gamma = \text{large}$

(4)

If a space curve and a plane curve have the same curvature (pointwise), the plane curve bends "more effectively".

The theorem version is better:

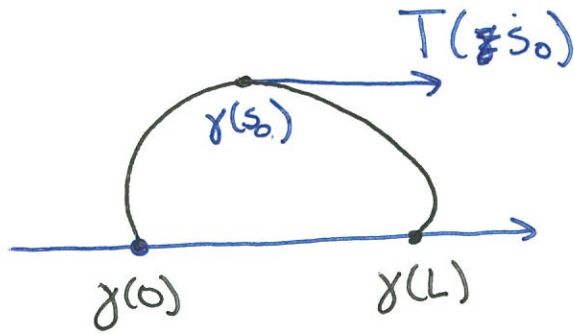
Theorem [Schur's Theorem]

If  $\gamma$  is a plane curve <sup>of length  $L$</sup>  with curvature  $K(s)$  and  $\gamma^*$  is a space curve with curvature  $K^*(s) \leq K(s)$ , and  ~~$\gamma$~~  ~~forms~~ the closed curve given by joining  $\gamma(\frac{L}{2})$  to  $\gamma(0)$  with a line<sup>n</sup> segment is convex, then

$$|\gamma(\frac{L}{2}) - \gamma(0)| \leq |\gamma^*(\frac{L}{2}) - \gamma^*(0)|,$$

with equality  $\Leftrightarrow$  the curves are congruent.

Proof. Since



the arc of  $\gamma$  and the chord  $\gamma(0)\gamma(L)$  are convex,  $\exists$  some  $s_0$  so  $T(s_0)$  is parallel to the chord.  ~~$T(s_0)$  is~~

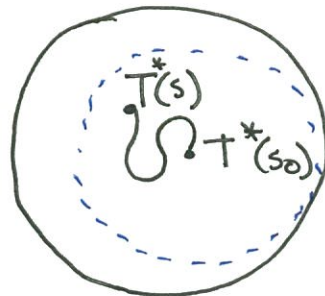
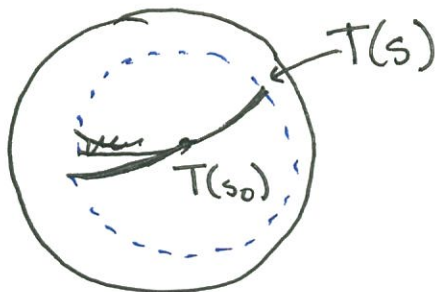
Consider the functions

$$f(s) = \langle \gamma(s), T(s_0) \rangle \quad f^*(s) = \langle \gamma^*(s), T^*(s_0) \rangle$$

Wlog, we may assume  $\gamma(0) = \gamma^*(0) = 0$ . We claim that

$$f'(s) = \langle T(s), T(s_0) \rangle = \cos \angle T(s), T(s_0) \leq \cos \angle T^*(s), T^*(s_0) = (f^*)'(s) = \langle T^*(s), T^*(s_0) \rangle$$

To see this, consider the picture on  $S^2$ ,



⑥

The angle  $\angle T(s_0), T(s)$  = spherical distance from  $T(s_0)$  to  $T(s)$  = arclength of  $T$  between  $s_0$  and  $s$  because  $\gamma$  is convex and planar, so  $T$  follows a great circle arc.

On the other hand, this arclength is

$$\int_{s_0}^s |T'(s)| ds = \int_{s_0}^s K(s) ds \geq \int_{s_0}^s K^*(s) ds = \int_{s_0}^s |T^{*'}(s)| ds$$

and hence greater than the arclength of  $T^*$  between  $s_0$  and  $s$  (which may not follow a great circle in addition!). So

$$\angle T^*(s), T^*(s_0) \leq \angle T(s), T(s_0)$$

(at least, as long as the angles are  $\leq \pi$ , which they are... do you see why?). Since  $\cos$  is decreasing on  $[0, \pi]$ , this shows

$$f'(s) = \cos \angle T(s), T(s_0) \leq \cos \angle T^*(s), T^*(s_0) = f'^*(s)$$

as desired. Now this implies

⑥

$$f(L) \leq f^*(L)$$

But

$$f(L) = \langle \gamma(L), T(s_0) \rangle$$

$$= |\gamma(L)|, \text{ since } T(s_0) \text{ is parallel to } \gamma(L).$$

and

$$f^*(L) = \langle \gamma^*(L), T^*(s_0) \rangle$$

$$\leq |\gamma^*(L)|$$

so

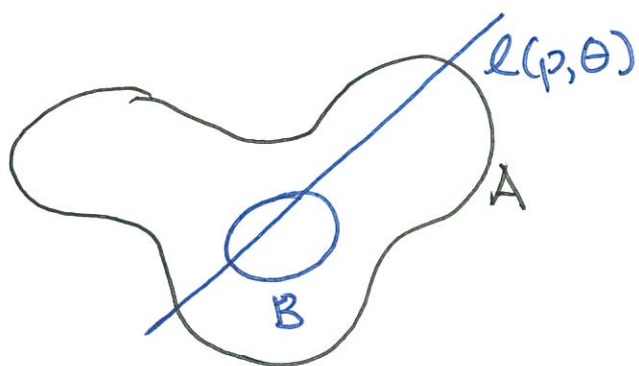
$$|\gamma(L)| \leq |\gamma^*(L)|, \text{ as desired. } \cancel{\square}$$

~~This theorem has lots of interesting consequences. Here are two:~~



We now give a geometric inequality from our line formula. (7)

~~§~~ Proposition. Suppose  $A$  is a closed plane curve and  $B \subset A$  is a convex plane curve.  $\text{Length}(A) \geq \text{Length}(B)$ , with  $= \iff A=B$ .



Proof. Any line through  $B$  cuts  $B$  twice, and  $A$  at least twice. Thus

$$\text{Length}(B) = 4 \int_{\mathcal{L}(p,\theta)} \# \text{ intersections of } \mathcal{L}(p,\theta), B \, dp d\theta$$

$$= 4 \int_{\mathcal{L}(p,\theta) \text{ cutting } B} 2 \, dp d\theta \leq 4 \int_{\mathcal{L}(p,\theta) \text{ cutting } A} 2 \, dp d\theta$$

$$\leq 4 \int_{\mathcal{L}(p,\theta)} \# \text{ intersections of } \mathcal{L}(p,\theta), A \, dp d\theta = \text{Length}(A).$$

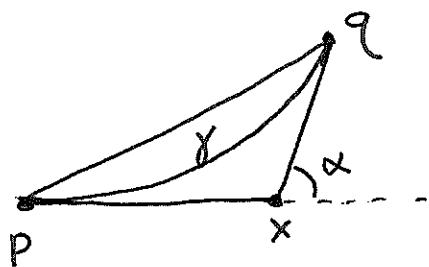


⑧

Here's another calculus-based inequality using the previous one.

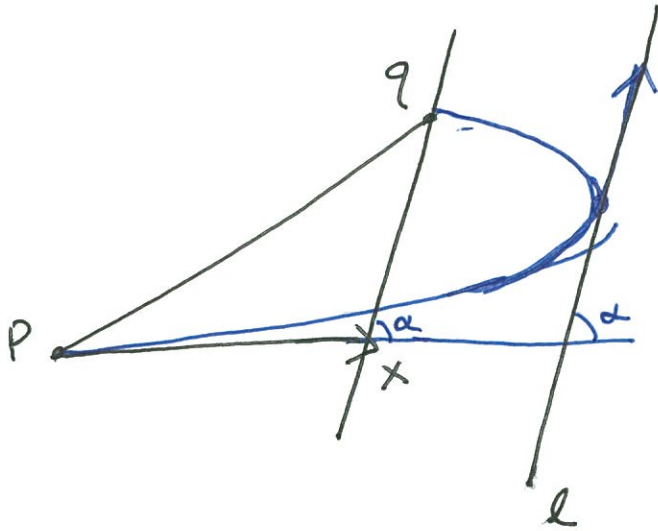
Proposition. Suppose  $\gamma$  is a convex arc of a plane curve with total curvature  $\alpha$ , passing through  $p$  and  $q$ . There is a unique  $x$  along the tangent line to  $\gamma$  at  $p$  so  $pxq$  has turning angle  $\alpha$ .

$\gamma$  is contained in  $\Delta pxq$  and has length less than arc  $pxq$ .



Proof. Consider the lines parallel to  $xq$ . If  $\gamma$  leaves the triangle, it must be tangent to one such line  $l$ .

(9)



But the spherical distance from  $T(p)$  to the tangent to  $\gamma$  is already  $\alpha$ , so  $\gamma$  must have total curvature  $> \alpha$  to bend more to come back to  $xq$ .

Note  $\gamma$  cannot leave through  $px$  (it would have to recross the line  $px$ , meaning it touched  $px > 2$  times, to reach  $q$ . This violates convexity.) or  $pq$  (touching this line at  $q$  again violates convexity.)

Now  $\gamma$  and  $\overline{pq}$  are a convex curve inside  $\Delta pxq$ , so  $\gamma$  and  $\overline{pq}$  are shorter.

Subtracting  $\overline{pq}$ , we see

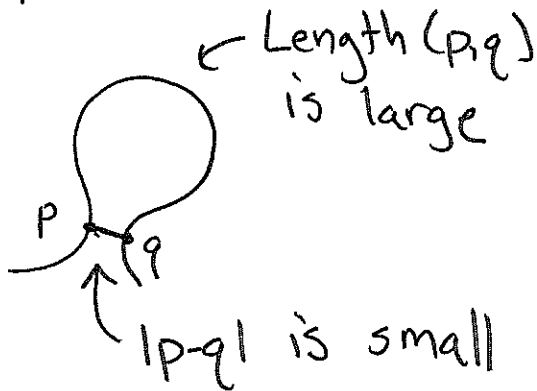
$$\text{Length } \gamma \leq \text{Length } p \times q. \quad \square$$

We now introduce

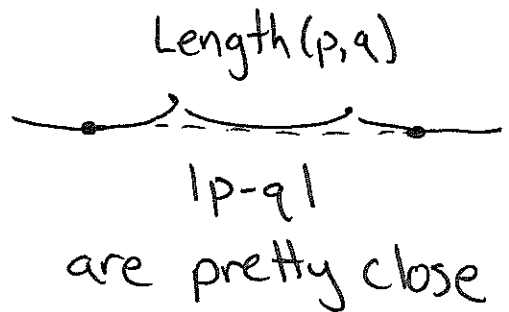
Definition. The distortion of ~~an arc~~ curve  $\gamma$  is given by

$$\delta(\gamma) = \sup_{p, q \text{ on } \gamma} \frac{\text{Length}(p, q)}{|p - q|}$$

Examples.



$\delta(\gamma)$  is large



$\delta(\gamma)$  close to 1.

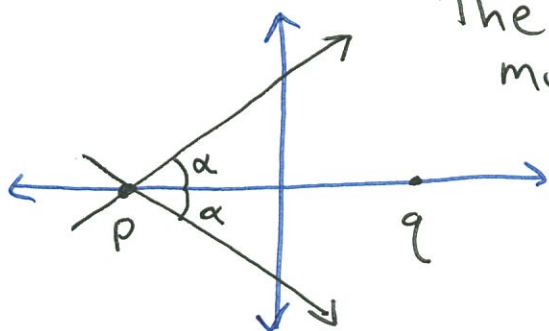
Proposition. [Sullivan, 2007]

Any ~~arc~~ <sub>$\gamma$</sub>  of total curvature  $\alpha \leq \pi$  has distortion at most  $\sec(\alpha/2)$ .

Proof. Wlog, we can assume the max distortion of all  $p, q$  on the arc is at endpoints (or shorten the arc!).

The curve  $\gamma$  has some curvature  $K(s)$ , by Schur's lemma, replacing  $\gamma$  by the planar convex curve with the same pointwise curvature makes  $|p-q|$  larger (and  $\delta$  smaller). So wlog,  $\gamma$  is convex and planar.

Now fix  $p$  and  $q$  to be  $(-1, 0)$  and  $(1, 0)$ .

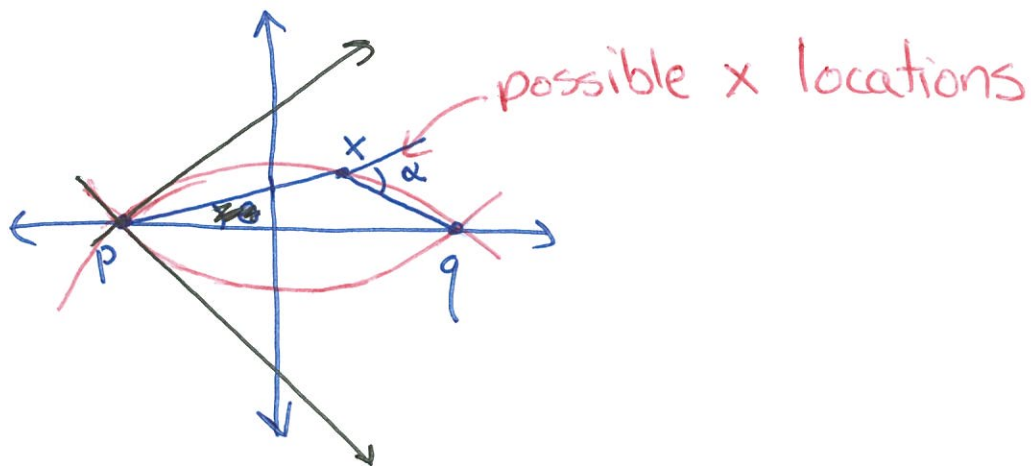


The tangent to  $\gamma$  at  $p$  must lie in the sector shown.

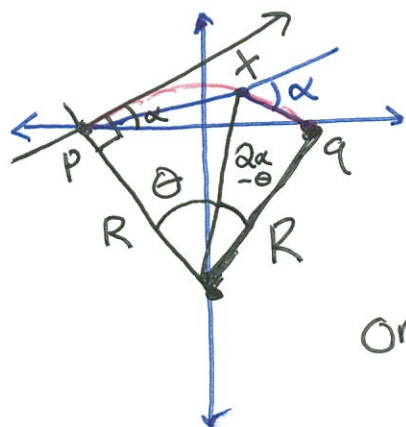
~~For each choice, there is a unique  $x$~~

or the arc  $\gamma$  cannot turn enough to get back to  $q$ .

Each choice of tangent defines a triangle point  $x$ , and these  $x$  lie along the circle through  $p$  and  $q$  with tangent shown.



For  $x$ , the length of  $pxq$  is given by using some ~~geo~~ trig. The total angle turned by the tangent to circle



is  $2\alpha$ . If we go only  $\theta$  of that distance,



The length of  $px$  and  $xq$  are lengths of chords of angle  $\theta, 2\alpha - \theta$ . The chord length formula is  $2R \sin \frac{\phi}{2}$  so the length is

$$2R \sin\left(\frac{\theta}{2}\right) + 2R \sin\left(\alpha - \frac{\theta}{2}\right) = f(\theta).$$

~~Using angle identities, this is~~

~~$$R \sin\left(\frac{\theta}{2}\right) + R \sin \alpha \cos\left(\frac{\theta}{2}\right) - R \sin\left(\frac{\theta}{2}\right) \cos \alpha$$~~

So

$$f'(\theta) = 2R \cos \frac{\theta}{2} - 2R \cos\left(\alpha - \frac{\theta}{2}\right)$$

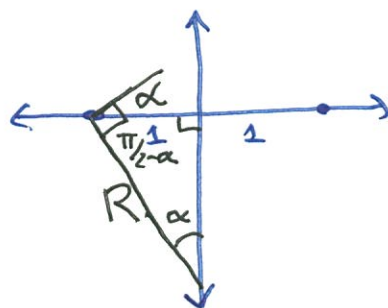
and the only critical point is  $\theta = \alpha$ .

At this point our length bound is

$$2R \sin \frac{\alpha}{2} = f\left(\frac{\alpha}{2}\right).$$

Now the length

$$R = \frac{1}{\sin \alpha} = \csc \alpha.$$



or

$$R = \frac{1}{2 \sin \frac{\alpha}{2} \cos \frac{\alpha}{2}}$$

So the length bound

$$f\left(\frac{\alpha}{2}\right) = \frac{4 \cancel{\sin \frac{\alpha}{2}}}{2 \sin \frac{\alpha}{2} \cos \frac{\alpha}{2}} = 2 \sec\left(\frac{\alpha}{2}\right).$$

Since we have scaled the distance ~~from p to~~  $|p-q|=2$ , this makes

$$\delta(y) \leq \frac{2 \sec(\alpha/2)}{2} = \sec(\alpha/2). \quad \square$$